

HEALTHY HAWAII STRATEGIC PLAN 2030 (HHSP SUMMIT)

Breakout Session #2

Community Design and Access

Nutrition/Food Access

WIC 'Ohana Makeke based at Waimanalo Health Center

March 2023-May 2023 Pilot Program

August 2023-April 2024 Project Continuation and Expansion Efforts

‘Ohana Makeke 5 April 23 and 24, 2023

156 surveys collected

City on O’ahu	Number of participants	Percent of total participants (70) rounded to the nearest whole percent
Honolulu	5	16%
Ka’a’awa	1	3%
Kailua	12	38%
Kaneohe	1	3%
Makakilo	1	3%
Moanalua	1	3%
Pearl City	2	6%
Red Hill	1	3%
Waimanalo	8	25%

Day One Results

YES
If yes, how often:
a few times a year
monthly
weekly
daily
NO

Have you/your ‘ohana ever feared not having enough food?

73 (47%)

47 (64%)

21 (29%)

3 (4%)

2 (3%)

83 (53%)

Have you/your ‘ohana ever been without enough food?

26 (17%)

18 (69%)

6 (23%)

2 (8%)

0

130 (83%)

567 surveys were collected from a total of 5 Makeke.
The mean percentage of all surveyed families who reported ‘yes’ to the question, “*Have you/your ‘ohana ever worried about not having enough food?*” was 44.6%

A mean of 16% of families responded ‘yes’ to the question, “*Have you or your ‘ohana ever been without food?*”

The national average is 10.2% for food insecure households (USDA 2021).

WIC Makeke Anecdotal Participant Responses/ Feedback

“We are so grateful that you guys are doing this. Produce is so expensive. I use up my WIC dollars on one trip to the store.”

“Poi? We get our own poi? We haven't had poi in a while because we can't afford it.”

During the last Makeke, 3 mothers came out of line to help us unload the late delivery. All others who stood in line filled out their surveys and passed the clip board back, down almost the entire line. Staff who were helping with the parking lot jam said everyone was so thankful just to be there. No one was irate about having to wait or with the delay.

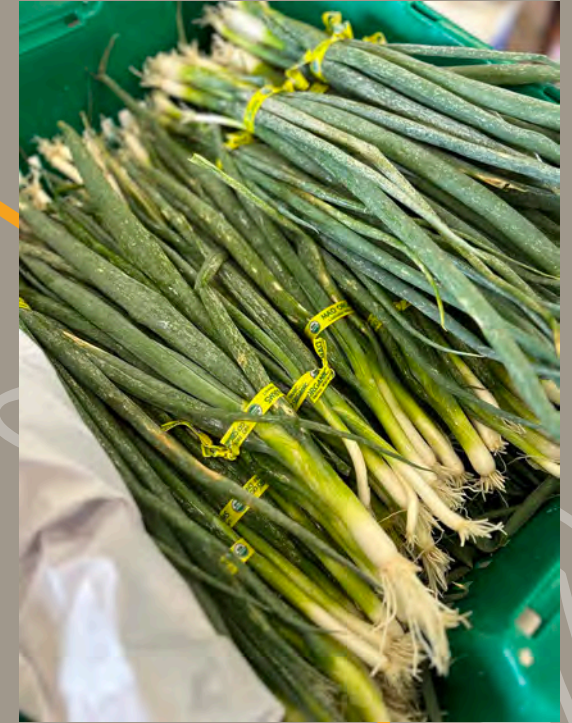
“I made a huge pot of stew with the last makeke produce I got. I told my husband, I not going waste any of this stuff that WIC gave us. My kids ate 2 bowls each of the stew. My oldest son, who is usually picky, ate 3 bowls and said, ‘Mom, this is the best dinner you ever made.’”

Of Pig's Feet soup class: “I never thought about the properties of what is in pig's feet and why my daughter should eat this after giving birth. Wow, I learned so much today just from this one class.” from kupuna who came to the class for her hapai daughter (WIC recipient) who had to work.

“The quality of the produce is so good and everything is so fresh. I feel so special getting this lettuce.”

“I made the best stir fry with the bok choy. We used up that whole bag in a few days.”

“My kids like longan now that we got some from you guys. They usually don't try new stuff but they liked it.”



Farm Link Strategy 8: WIC 'Ohana Makeke

Summary of Impact

- 14,332 pounds of locally grown produce delivered to the Waimānalo Health Center 'Ohana Makeke. 3,770 pounds of organic produce sourced.
- Over twenty Local Farms and four Food Hubs supported:
 - Hamakua Mushrooms, Roy's Farm, Shaka Moa, Lokoea, Caliber Farms, Ho Farms, Syl's Produce, Kuilima Farms, OK Farms, Lokoea, CCRM, Maui's Best, Sunny Kapoho, MA'O, Waialua Growers, Kumu Farms, TMP Farms, Kako'o Ō'iwi, and Pomai Kūlolo.
 - Farm Link Hawai'i, Local Harvest, Kahumama, Adaptations.

Kahuku Medical Center In Kind Partnership/Community Outreach and Expansion Effort

First time mom of a 6 month old from Haleiwa:
Thank you SO much for being here. It's hard to get to town and some of the other places that offer food. This is awesome! I had no idea how hungry breastfeeding would make me. I have literally been hungry for the past 6 months. I am always hungry. Thank you so much!!!!



- Dana Ciacci (Hawaii Public Health Institute-HIPHI):
dana@hiphi.org
- Amber Granite (Waimanalo Health Center/WIC):
Agranite@waimanalohealth.org
- Alex Steppe (Kahuku Medical Center):
asteppe@kmc-hi.org